

## **Patient Information**

#### **Tixocortol Pivalate**

# Your TRUE TEST® indicates that you have a contact allergy to Tixocortol Pivalate.

Tixocortol pivalate and some related compounds in contact with your skin may result in dermatitis.

#### Where is Tixocortol Pivalate found?

Tixocortol pivalate is an anti-inflammatory agent that may be found in buccal, nasal, throat and rectal preparations, but not in topical medications for the treatment of skin diseases. Tixocortol pivalate is a marker for a specific class of corticosteroids used to treat skin inflammation.

#### How to avoid Tixocortol Pivalate

Avoid pharmaceuticals containing Tixocortol pivalate and other cross-reacting corticosteroids. Pharmaceuticals including corticosteroids are ingredient labeled. If you are strongly allergic a small amount of tixocortol pivalate in contact with your skin may cause an eczematous reaction, usually within 24 hours, that lasts for about a week. If you are weakly allergic the anti-inflammatory effect of tixocortol pivalate may mask the eczema and your skin will not heal. Pharmaceuticals used systemically such as tablets, inhalations and injections may also cause a skin reaction.

Inform your healthcare providers that you are allergic to tixocortol pivalate and ask that they use products that are free of this allergen.





### Other substances to which you may react

- Hydrocortisone
- Hydrocortisone acetate
- Prednisolone
- Prednisolone acetate
- Fludrocortisone acetate
- Methylprednisolone
- Cloprednol

You may also react to substances like:

- Hydrocortisone-17-butyrate
- Hydrocortisone-17-aceponate
- o Hydrocortisone-17-buteprate
- Methylprednisolone aceponate
- Prednicarbate

A complementary test may be necessary to indicate your specific steroid intolerance.

The lists may not be complete.

When purchasing products which may come in contact with your skin, check the list of ingredients for any of the names listed above. If in doubt contact your pharmacist or physician.

This information does not substitute the information given by your health care providers and can only be seen as a supplement.

